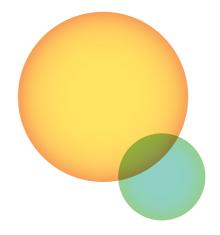
discovering your own wisdom

ESSENCE >>

life coaching by Felice Derkinderen



self-knowledge

The times we live in require more of our inner development. In a changing world, increasingly greater demands are being placed on our capabilities at a personal level. Self-knowledge is essential, because we can only take well-founded decisions if we have an intimate sense of who we are.

Often, we are unaware that our reality is also shaped by our own thoughts, and that these thoughts are based on hidden assumptions. But how do you become aware of this inner 'filter' that colors your experiences?

Fortunately, there are tools you can use to explore your inner world and to bring what you find into focus.

inner management

The coaching method of Felice Derkinderen supports you in bringing to light matters that till now have remained in the shadows. Archetypal images support contemplation, and can be used to explore those areas that lie beneath the surface and to identify inner patterns.

This allows a more complete picture to develop, and provides you with a powerful instrument for self-development because of the clarity it brings. Although this clarity is sometimes challenging, it is ultimately liberating. True change happens from the inside out.



true change happens from the inside out

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felice derkinderen

"I have come to feel at home in the world of archetypes, myths, and symbols that are deeply anchored in the roots of our collective history. They provide me with the full depth of what it means to be human.

My study of the psychology and mythology hidden in the images of the Tarot has made my life richer and deeper. I have found it to be an ingenious system for reflecting on life, and an inspirational, powerful, and enlightening resource for gaining insight into inner processes. It is a privilege to be able to help others use this resource to facilitate their own development. I bring this knowledge and love into my coaching sessions, courses, and retreats, along with more than twenty years of study and personal experience with Eastern and Western wisdom traditions. For more information about how I work, please visit my website: www.essencecoaching.nl/en."

Would you like to get down to work but first want to learn more about personal or professional coaching? Or are you interested in a course? Please feel free to phone me or send an e-mail. I'll be glad to think along with you.

>> Felice Derkinderen

"I continue to be amazed at the warmth and wisdom with which Felice offers me tools that help me in my life. Always clear and to the point, but without judgment, she arrives at the essence of what is at play deep inside. She is able to put into words those things I'm not yet able to articulate, and regards the situation from a fresh and also loving perspective."

>> Rozemund, university lecturer

"With her wisdom about the Tarot, and her integrity and down-to-earth approach, Felice has brought me closer to my own essence."

>> Lyonie Rollenberg, care professional for people with autism and behavior problems

"Through her intelligence and integrity, Felice is able to make complex problems transparent. A coaching session with her gains an added dimension because of the insight it provides into unconscious motives and desires. Particularly those interested in personal development have come to the right place, because she shows the way to the path that at that moment in time is the right one."

>> Marian Mudder, actress and writer

essence >> coaching www essencecoaching.nl/en e-mail info@essencecoaching.nl facebook essencecoaching.nl felice derkinderen +31 (0) 6 26 07 00 43